# TRAINING CENTRE

# GYM PRIGE LIST

## UNLIMITED MEMBERSHIPS

UNLIMITED MONTH TO MONTH	UNLIMITED 12 Month Commitment	UNLIMITED 6 Month Commitment	UNLIMITED 3 MONTH COMMITMENT	UNLIMITED Student
\$145	\$105/MONTH	\$115/MONTH	\$135/MONTH	\$85/MONTH

UNLIMITED MEMBERSHIPS INCLUDE UNLIMITED ACCESS TO ALL OF OUR COACHED CLASSES AND OPEN GYM TIME. OUR WORKOUTS ARE TRACKED AND OUR COMMUNITY IS CONNECTED WITH A PERFORMANCE TRACKING APP CALLED SUGARWOD



#### DROPIN & PUNCH PACKS



# Private Training

PRIVATE 1:1	PRIVATE 1:1 10 PACK	PRIVATE 2:1	PRIVATE 2:1 10 Pack	PRIAVTE 3:1 10 Pack
\$60	\$550	\$50	\$425	\$350

#### Private Classes

1 DAY/ WEEK	2 DAYS/ WEEK	3 DAYS/ WEEK	PRIVATE CLASSES ARE MADE OF 6-8 Athletes that would like to train together. Prices are per athelte
\$60/MONTH	\$120/ MONTH	\$180/MONTH	CONTACT US TO BOOK YOUR TIME



# ATHLETE DEVELOPMENT

